



Dear Friends,

On September 8, 2018, I will be participating in the Innovative Fitness Adventure Challenge which consists of kayaking 6km, mountain biking 18km, and trail running 5.5km in beautiful Port Moody, BC! It's also a charity event raising funds to support our local KidSport™ Chapter.

My Adventure Challenge Team and I want to have a positive impact on the lives of children by enhancing their health and wellbeing through increased physical activity and ensuring they have the resources to play a season of sport.

All proceeds from the IF Adventure Challenge go to our local KidSport™ Chapter.
#SoAllKidsCanPlay

My goal is to personally raise a minimum of \$1,000 so anything you can donate would be really appreciated. You will get a tax receipt on any donation over \$20.

Please visit my fundraising page to donate: **[insert link to your fundraising page]**

Thank you in advance for your support!

Find out more about the IF Adventure Challenge or participate yourself!

Visit: www.ifac.ca

Follow us on social media: @IFAdventureChallenge

